


February 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast			1 Raisin Bran & 1% Milk Hard Boiled Eggs Apples OR Oranges	2 WG Rice Crispy & 1% Milk WG Blueberry Muffin Apples	3 Kix & 1% Milk Yogurt Bananas
Lunch			Beef Vegetable Soup WG Goldfish Crackers Apple Slices 1% Milk	Ham & Baked Beans Sweet Potatoes Fruit Cocktail ½ WG Butter Bread 1% Milk	Pizza w/WG Crust Celery w/Ranch Banana 1% Milk
Snack			Yogurt & WG Graham cracker	Cucumbers coins & French Dressing 1% Milk	Hummus & Pretzels & 1% Milk
Breakfast	6 WG Cheerios & 1% Milk WG Toast & Apple Butter Banana	7 Life & 1% Milk WG Apple Muffin Apples	8 Raisin Bran & 1% Milk Hard Boiled Eggs Apples OR Oranges	9 WG Rice Crispy & 1% Milk WG Blueberry Muffin Apples OR Oranges	10 Kix & 1% Milk Yogurt Oranges
Lunch	Baked Chicken Pot Pie w/WG Rice Peas & Carrots Peaches 1% Milk	Meatballs & Gravy Mashed Potatoes Pineapple Dinner Roll 1% Milk	Creamy Cauliflower & Northern bean Soup Ham rollup on WG Tortilla Orange slices 1% Milk	Kielbasa, diced Potato w/peppers & onions Applesauce WG Butter Bread 1% Milk	Egg & Cheese Omelet Sweet Potato Fries Blueberries WG Jelly Toast 1% Milk
Snack	WG Tortilla Chip & Salsa & 1% Milk	Celery w/ranch & 1% Milk	Apple Slices & SB & 1% Milk	Pretzels & 1% Milk	WG Animal Crackers & 1% Milk
Breakfast	13 WG Cheerios & 1% Milk WG Toast & Apple Butter Apples	14 Life & 1% Milk WG Apple Muffin Apples OR Oranges	15 Raisin Bran & 1% Milk Hard Boiled Eggs Apples OR Oranges	16 WG Rice Crispy & 1% Milk WG Blueberry Muffin Oranges	17 Kix & 1% Milk Yogurt Apples
Lunch	Tuna Noodle Casserole w/ WG Noodles Peas Pears 1% Milk	Sloppy Joe on WG Roll Green Beans Applesauce 1% Milk	Tomato Soup & Grilled Cheese Sandwich on WG Bread Pickle Chips Apple Slices 1% Milk	Roasted Pork Cooked Carrots & Potatoes Fruit Cocktail WG Dinner Roll 1% Milk	Pizza w/WG Crust Fresh Pepper Slices & Ranch Dressing Bananas 1% Milk
Snack	Hummus & Pretzels & 1% Milk	WG Goldfish & 1% Milk	Yogurt w/ Blueberries & 1% Milk	WG Tortilla Chips & Salsa & 1% Milk	Cereal & 1% Milk
Breakfast	20	21 Life & 1% Milk WG Apple Muffin Oranges OR Bananas	22 Raisin Bran & 1% Milk Hard Boiled Eggs Apples OR Oranges	23 WG Rice Crispy & 1% Milk WG Blueberry Muffin Oranges	24 Kix & 1% Milk Yogurt Apples
Lunch		Turkey & Cheese Sandwich on WG Bread Carrot Sticks Apple Slices 1% Milk	SB Butter and Jelly Sand WG Bread Cucumber Coins Blueberries 1% Milk	Cheese Ravioli w/ Spaghetti Sauce California Blend Pear 1% Milk	WG French Toast Sticks Sausage Links Tater Tots Orange Slices 1% Milk
Snack		Yogurt w/ banana slices & 1% Milk	Graham Crackers & 1% Milk	Celery w/ SB & 1% Milk	Cheese & WG Crackers
Breakfast	27 WG Cheerios & 1% Milk WG Toast & Apple Butter Oranges	28 Life & 1% Milk WG Apple Muffin Apples	~ Whole milk is served in compliance with CACFP guidelines for children 12 months-24 months at all meals ~1% milk is served in compliance with CACFP guidelines for children aged 24 months-12 years of age at all meal		
Lunch	Chicken Nuggets California Blend Veggies Peaches 1% Milk	Taco Casserole w/ Kidney bean Corn Mango WG Tortilla 1% Milk			
Snack	Apple Slices & 1% Milk	WG Animal Crackers & 1% Milk			

All **grain products** have been selected by the CACFP nutrition standards to meet the whole grain requirement. Key Abbreviations: SB – Sun Butter, WG – Whole Grain