



July 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	3 	4 	5 Kix & Milk Hard Boiled Eggs Apples OR Oranges	6 WG Rice Crispy & Milk WG Blueberry Muffin Apples	7 WG Mini Wheats & Milk Yogurt Oranges
Lunch			Chicken Noodle Soup w/ mixed vegetables & WG crackers Cheese Stick Oranges	Pork & Gravy w/ WG stuffing Corn Fruit cocktail WG Roll	Pizza w/ WG Crust Fresh carrot sticks & Ranch Watermelon
Snack			Milk Goldfish & Milk	Milk Apples & Sun butter & Milk	Milk Tzat Ziki Dip w/WG cracker & Milk
Breakfast	10 WG Cheerios & Milk WG Butter Toast Banana	11 Life & Milk WG Apple Muffin Banana & Apples	12 Kix & Milk Hard Boiled Eggs Apples OR Oranges	13 WG Rice Crispy & Milk WG Blueberry Muffin Apples OR Oranges	14 WG Mini Wheats & Milk Yogurt Oranges
Lunch	Seasoned Chicken Mixed veggies Peaches WG Biscuit	Meat Loaf Green beans Applesauce WG Butter Bread	Turkey & cheese on WG Pita Cucumber coins Oranges	WG Mac & Cheese w/ diced ham Peas Fruit Cocktail	Scrambled eggs w/ cheese Sweet potato Fries Pineapple WG butter toast
Snack	Milk Banana w/ Yogurt & Milk	Milk Animal Crackers & Milk	Milk WG Scooby Snacks & Milk	Milk Watermelon slices & Milk	Milk Pretzel & Milk
Breakfast	17 WG Cheerios & 1% Milk WG Butter Toast Bananas	18 Life & 1% Milk WG Apple Muffin Apples OR Oranges	19 Kix & Milk Hard Boiled Eggs Apples OR Oranges	20 WG Rice Crispy & 1% Milk WG Blueberry Muffin Oranges	21 WG Mini Wheats & Milk Yogurt Apples
Lunch	Chicken Patty on WG Roll Broccoli Pears	Taco salad w/ taco meat & WG Tortillas Corn Mangos	Grilled Cheese on WG bread Tomato Soup Pickle chips Slice Apples	Kielbasa & baked beans Celery Sticks Oranges WG butter bread	Pizza w/WG Crust Pepper Slices & Ranch Banana
Snack	Milk Cheese Stick & WG Crackers & 1% Milk	Milk Goldfish & Milk	Milk Pretzel & Milk	Milk Apples & Sun butter & Milk	Milk Pineapple dip & Graham Crackers & Milk
Breakfast	24 WG Cheerios & Milk WG Butter Toast Bananas	25 Life & Milk WG Apple Muffin Oranges OR Oranges	26 Kix & Milk Hard Boiled Eggs Apples OR Oranges	27 WG Rice Crispy & Milk WG Blueberry Muffin Oranges	28 WG Mini Wheats & Milk Yogurt Apples
Lunch	Fish Sticks Mixed Veggies Peaches WG Roll	Meatball Subs on WG roll Broccoli Applesauce	Egg Salad on WG Roll Pickle chips Apple Slices	Ham & Green beans & Potatoes Fruit Cocktail WG Dinner Roll	WG French Toast bake Sausage Links Diced Sweet potatoes. Oranges
Snack	Milk Fresh Banana & strawberry mix 1% Milk	Milk Graham Crackers & Milk	Milk WG Tortilla Chip & Salsa & Milk	Milk Yogurt & Blueberries & Milk	Milk WG Goldfish & Milk
Breakfast	31 WG Cheerios & 1% Milk WG Butter Toast Bananas	~ Whole milk is served in compliance with CACFP guidelines for children 12 months- 24 months at all meals. ~ 1% milk is served in compliance with CACFP guidelines for children aged 24 months-12 years of age at all meal			
Lunch	Turkey & Gravy w/mash potatoes Pears WG Dinner Roll				
Snack	Milk Applesauce w/Cinn. & Milk				

