

August 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		1 Life & Milk WG Apple Muffin Oranges OR Apples	2 Kix Cereal & Milk Hard Boiled Eggs Apples OR Oranges	3 WG Rice Crispy & Milk WG Blueberry Muffin Apples	4 WG Mini Wheats & Milk Yogurt Bananas
Lunch		WG Spaghetti with meat sauce Green Beans Applesauce Milk	Sun butter & Jelly Sandwiches on WG Bread Peas Orange Slices Milk	Sausage Gravy Cooked Carrots Fruit Cocktail WG Biscuit Milk	Pizza w/ WG Crust Fresh Broccoli & Ranch Watermelon Milk
Snack		WG Cereal & Milk	Goldfish & Milk	Apples & Sun butter & Milk	WG Applesauce Bread & Milk
Breakfast	7 WG Cheerios & Milk WG Butter Toast Banana	8 Life & Milk WG Apple Muffin Banana & Apples	9 Kix Cereal & Milk Hard Boiled Eggs Apples OR Oranges	10 WG Rice Crispy & Milk WG Blueberry Muffin Apples OR Oranges	11 WG Mini Wheats & Milk Yogurt Oranges
Lunch	Chicken Pot Pie w/ WG Noodles Mixed veggies Peaches Milk	WG Rice with hamburger, diced tomatoes, kidney beans & corn Mangos Milk	Pizza Kebabs Pepperoni, cheese, tomatoes WG Pita bread Orange slices Milk	BBQ Pork Sandwich on WG Roll Green beans Apple Slices Milk	French Toast made w/WG bread Sausage Links Mashed Sweet Potatoes Blueberries Milk
Snack	Banana w/ Yogurt parfaits & Milk	Animal Crackers & Milk	WG Scooby Snacks w/ apple butter & Milk	Cheez Its & Milk	Pretzel & Milk
Breakfast	14 WG Cheerios & 1% Milk WG Butter Toast Bananas	15 Life & 1% Milk WG Apple Muffin Apples OR Oranges	16 Kix & Milk Hard Boiled Eggs Apples OR Oranges	17 WG Rice Crispy & 1% Milk WG Blueberry Muffin Oranges	18 WG Mini Wheats & Milk Yogurt Apples
Lunch	Fish Patty on WG Roll Broccoli & Cheese Pears Milk	Meatballs w/ gravy Mashed potatoes Orange Slices WG Roll Milk	Turkey & Cheese Sandwich on WG Bread Carrots w/ranch Apple Slices Milk	Perogies & Diced Ham Mixed Veggies Fruit Cocktail Milk	Pizza w/WG Crust Zucchini Sticks Banana Milk
Snack	Cheese Stick & WG Crackers & Milk	Goldfish & Milk	Celery & Sun butter & Milk	Apple butter on WG Toast & Milk	Zucchini Bread & Milk
Breakfast	21 WG Cheerios & Milk WG Butter Toast Bananas	22 Life & Milk WG Apple Muffin Oranges OR Apples	23 Kix & Milk Hard Boiled Eggs Apples OR Oranges	24 WG Rice Crispy & Milk WG Blueberry Muffin Oranges	25 WG Mini Wheats & Milk Yogurt Apples
Lunch	General Tso's Chicken & Rice California Blend Pineapple Milk	Chili w/ hamburger Corn Tortilla Chips Mangos Milk	Grilled Cheese ham & Cheese Sandwich on WG Bread Pickles Apples Slices	Ham & Green beans & Potatoes Fruit Cocktail WG Dinner Roll Milk	Scrambled Eggs & cheese Sweet potato fries Orange Slices WG Jell Toast Milk
Snack	Banana Sushi & Milk	Graham Crackers & Milk	WG Tortilla Chip & Salsa & Milk	Yogurt & Blueberries & Milk	WG Goldfish & Milk
Breakfast	28 WG Cheerios & 1% Milk WG Butter Toast Apples	29 Life & Milk WG Apple Muffin Oranges OR Apples	30 Kix & Milk Hard Boiled Eggs Apples OR Oranges	31 WG Rice Crispy & Milk WG Blueberry Muffin Bananas	<i>~ Whole milk is served in compliance with CACFP guidelines for children 12 months- 24 months at all meals.</i>
Lunch	Cheese Ravioli w/ spaghetti sauce Peas Peaches WG parmesan toast Milk	Meatloaf Mash potato Applesauce WG Roll Milk	Chicken Noodle soup Mixed Veggies Cheese Stick & WG Crackers Orange Slice Milk	Pot Roast Diced Potatoes & Carrots Apple Slices WG Dinner Roll Milk	<i>~ 1% milk is served in compliance with CACFP guidelines for children aged 24 months-12 years of age at all meal</i>
Snack	Apple Slices & Cheese & Milk	Trail Mix & Milk	Graham crackers & Sun butter & Milk	WG Cereal & Milk	

