

November 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<p align="center">"Milk"</p> <p align="center">~ Whole milk is served in compliance with CACFP guidelines for children 12 months- 24 months at all meals.</p>		1 Kix Cereal & Milk WG Blueberry Muffin Apples OR Oranges	2 Life & Milk WG Toast Apples OR Oranges	3 WG Rice Crispy & Milk WG Banana Muffin Oranges
Lunch			Tomato Soup Grilled Cheese on WG Bread Pickle chips Apple Slices Milk	Kielbasa & Baked Beans Carrot Sticks Fruit Cocktail Corn Muffin Milk	Scrambled Eggs w/ bacon strips Tator tots Orange Slices WG Biscuit Milk
Snack			Animal Crackers & Milk	Pretzels & Milk	WG Fig Bar & Milk
Breakfast	6 WG Cheerios & Milk WG Apple Muffin Orange	7 WG Mini Wheats & Milk Yogurt Apples	8 Kix Cereal & Milk WG Blueberry Muffin Apples OR Oranges	9 Life & Milk WG Toast Apples OR Oranges	10 WG Rice Crispy & Milk WG Banana Muffin Banana
Lunch	Chicken & Broccoli w/WG rice casserole Pears Milk	Taco Casserole Corn WG Tortilla chips Mangos Milk	Sun butter & Jelly Sand on WG bread Chicken Noodle Soup Mandarin Oranges Milk	Perogies & Diced Ham Pea Applesauce WG Dinner Roll Milk	Pizza Fresh Cauliflower & Ranch Fresh Plums Milk
Snack	Apples, Sun butter & milk	Yogurt, blueberries & Milk	Pretzels & Milk	Cheez-Its & Milk	Mango Salsa & Graham crackers & Milk
Breakfast	13 WG Cheerios & Milk WG Apple Muffin Banana	14 WG Mini Wheats & Milk Yogurt Apples	15 Kix Cereal & Milk WG Blueberry Muffin Apples OR Oranges	16 Life & Milk WG Toast Apples OR Oranges	17 WG Rice Crispy & Milk WG Banana Muffin Apples
Lunch	Chicken Salad Sandwich on WG Roll Sweet Potato Fries Peaches Milk	WG Spaghetti w/meat sauce Green Beans Baked Apples Milk	Ham & Pineapple WG Pita Pizza Cooked Carrot Milk Thanksgiving Dinner 5:30-7:00	Creamy Chicken & Rice Soup Mixed Veggies Orange Slices Milk	WG French Toast Sticks & Bacon Roasted Potatoes Blueberries Milk
Snack	½ Banana & Milk	Pretzel & Milk	Graham Crackers & Milk	Cheese & WG Cracker & Milk	Cheez-it Crackers & Milk
Breakfast	20 WG Cheerios & Milk WG Apple Muffin Orange	21 WG Mini Wheats & Milk Yogurt Apples	22 Kix Cereal & Milk WG Blueberry Muffin Apples OR Oranges	<div align="center">  <p align="center">HAPPY Thanksgiving</p> </div>	
Lunch	Chicken Nuggets California Blend Peaches WG Butter Bread Milk	Hamburger Gravy Mashed Potatoes Orange Slices WG Dinner Roll Milk	Turkey & Cheese WG wrap Peas Apple slices Milk		
Snack	Animal Crackers & Milk	Salsa & WG Tortilla chips & Milk	Trail Mix & Milk		
Breakfast	27 WG Cheerios & Milk WG Apple Muffin Orange	28 WG Mini Wheats & Milk Yogurt Apples	29 Kix Cereal & Milk WG Blueberry Muffin Apples OR Oranges	30 Life & Milk WG Toast Oranges	
Lunch	General Tso's Chicken w/WG Rice Broccoli Pineapple Milk	Meatball Subs on WG Roll Green Beans Applesauce Milk	Pizza Kebabs-WG Pita, pepperonis & tomatoes & marina Sauce Fresh Plums Milk	WG Noodles & Sausage Bites Glazed Carrots Fruit Cocktail Milk	
Snack	Graham Crackers & Yogurt & Milk	Celery & Sun butter & Milk	WG Goldfish & Milk	Pretzels & Milk	