


October 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	MILK* ~ <u>Whole milk</u> is served in compliance with CACFP guidelines for children 12 months - 24 months at all meals.	1 WG Mini Wheats & Milk* WG Waffles Apples	2 Kix Cereal & Milk* WG Blueberry Muffin Apples OR Oranges	3 Life Cereal & Milk* WG Toast w/ Butter Oranges	4 WG Rice Crispies & Milk* WG Apple Muffin Apples
Lunch	~ <u>1% milk</u> is served in compliance with CACFP guidelines for children aged 24 months - 12 years of age at all meals.	Sloppy Joe on WG Roll Broccoli w/ Cheese Applesauce Milk*	Chicken Noodle Soup w/ Vegetables Goldfish Crackers Orange Wedges Milk*	Sausage Gravy w/ WG Biscuits Mashed Potatoes Fruit Cocktail Milk*	Scrambled Eggs Sweet Potato Fries Oatmeal Apple Slices Milk*
Snack	Graham Crackers & Pudding & Milk* WG = Whole Grain	Frito Corn Chips & Milk*	½ Soft Pretzel & Milk*	Rice Cakes & Milk*	
Breakfast	7 WG Cheerios & Milk* ½ WG Bagel Apples	8 WG Mini Wheats & Milk* WG Waffles Blueberries OR Oranges	9 Kix Cereal & Milk* WG Blueberry Muffin Apples OR Oranges	10 Life Cereal & Milk* WG Toast w/ Butter Bananas OR Apples	11 WG Rice Crispies & Milk* WG Apple Muffin Oranges
Lunch	BBQ Chicken California Vegetables Peaches WG Dinner Roll Milk*	Beef Stroganoff w/ WG noodles Lima Beans Mango Milk*	Sunbutter & Jelly on WG Bread Corn Blueberries Milk*	Cheese Ravioli w/ Sauce Green beans Applesauce WG Parm toast Milk*	Pizza Cucumber Coins Banana Milk*
Snack	Yogurt & Granola Milk*	WG Goldfish & Milk*	Cheese Stick & Pepperoni Slices & Milk*	Animal Crackers & Milk*	Oatmeal Sunbutter Balls & Milk*
Breakfast	14 WG Cheerios & Milk* ½ WG Bagel Bananas OR Oranges	15 WG Mini Wheats & Milk* WG Waffles Oranges	16 Kix Cereal & Milk* WG Blueberry Muffin Apples OR Oranges	17 Life Cereal & Milk* WG Toast w/ Butter Apples OR Oranges	18 WG Rice Crispies & Milk* WG Apple Muffin Apples
Lunch	General So's Chicken WG Rice Mixed Vegetables Pineapples Milk*	Meatloaf Mash Potatoes Pears WG Dinner Roll Milk*	Broccoli & Cheese Soup Corn Muffin Fresh Fruit Milk*	Sliced Kielbasa w/ Fried Potatoes Peaches WG Biscuit Milk*	WG Mac & Cheese Red Beets Apple Slices Milk*
Snack	Pretzel & Milk*	Frozen Mango Pops & Milk*	Cereal & Milk*	Tortilla chips & Salsa & Milk*	Banana Muffins & Milk*
Breakfast	21 WG Cheerios & Milk* ½ WG Bagel Apples	22 WG Mini Wheats & Milk* WG Waffles Apples OR Oranges	23 Kix Cereal & Milk* WG Blueberry Muffin Apples OR Oranges	24 Life Cereal & Milk* WG Toast w/ Butter Apples	25 WG Rice Crispies & Milk* WG Apple Muffin Oranges
Lunch	Chicken Parm Over WG Spaghetti Noodles Green Beans Peaches Milk*	Beef & Vegetable Rice Soup Goldfish Crackers Orange Wedges Milk*	Cold Pasta Bowl w/ WG Noodles Pepperoni, Cheese Cubes Peppers, Tomatoes Apple Slices Milk*	Ham & Pineapple Pizza On Pita Bread Peas Milk*	Pizza Carrot Sticks Banana Milk*
Snack	Graham Cracker & Milk*	Applesauce & Milk*	Sun Chips & Milk*	Frozen Blueberries & Milk*	Sunbutter cookies & Milk*
Breakfast	28 WG Cheerios & Milk* ½ WG Bagel Banana OR Oranges	29 WG Mini Wheats & Milk* WG Waffles Apples	30 Kix Cereal & Milk* WG Blueberry Muffin Apples OR Oranges	31 Life Cereal & Milk* WG Toast w/ Butter Bananas OR Oranges	
Lunch	Fish Sticks Sweet Potato Fries Pears WG Dinner Roll Milk*	Cheeseburger Vegetable Soup Saltine Crackers Orange Wedges Milk*	Turkey & Cheese on WG Roll Pickles Apple Slices Milk*	Ham & Baked Beans Fruit Cocktail WG Sliced Butter Bread Milk*	
Snack	Cheese Stick & Crackers & Milk*	Animal Crackers & Milk*	Yogurt & Granola & Milk*	**Trail Mix & Milk*	

